

“But a role model in the flesh provides more than inspiration; his or her very existence is confirmation of possibilities one may have every reason to doubt, saying, yes, someone like me can do this.”

Sonia Sotomayor

YOUR ROLE MODELS

Who do you look up to as you go about your daily life? This section will have you thinking about the kind of person that you want to be for others, either in your career, your family life, your community or your church. Remember, it's great to have role models that you admire and respect, but it's also important to be a role model for someone who can learn from you!



Clue #1: Write the names of 3 people that you admire and why you admire them.

Clue #2: What do those who you admire have in common with each other? What is the common link, attribute, characteristic, behavior, or action that they all have? Do *you* share any of these traits?

Clue #3: Who is the most supportive person in your life right now and why?

Examples:

Are they loving, encouraging, do they give you wise counsel, are they a professional mentor, a good listener?

“We tend to become like those we admire.”

Thomas Monson

Clue #4: Who are **you** a role model for in your daily life? If you can't think of anyone, then who would you LIKE to be a role model for?

Clue #5: What will you need to do in the future to become a role model for this group of people?

“People who dream of something bigger and better
are good role models.”

Andrew Shue

ROLE MODEL SUMMARY:

Take a few minutes to review your role models.

A: Review your answers and list the recurring character traits that you admire.

B: Consider the traits that you would like to develop more fully in yourself. List the steps to take for growth in these areas.

“A role model can teach you to love and respect yourself.”

Tionne Watkins